

Healthy workplace, healthy workforce

Good corporate health practices are vital in the effective management of workplace health and productivity. Good employers know how to provide a working environment and culture that allows them to recruit, motivate and retain the very best people. Employee health issues include illness, weight problems, poor diet, smoking, alcohol and drugs abuse, physical fitness, mental health, work-related stress, tiredness, irritability and so on.

Cyncoed Consulting Rooms is one of the leading independent private medical centres in South Wales. Established in 2004, the company is the base for more than 50 medical consultants and a variety of healthcare professionals. CCR Private Medical Practice provides a range of corporate health services helping employers look after their workforce and maximise their business potential.

Recently, CCR Private Medical Practice assisted Bridgend-based TES Aviation Group, one of the world's leading engine asset management service providers, providing the organisation with a corporate travel vaccination and advice programme – which provided their employees, who visit customers worldwide, the confidence and protection that comes from having medical support from experienced GPs.

DAS UK is the clear leader within the legal expenses insurance market and has a specialist in-house claims operation in Bedwas. For many years the company has seen the benefit of



Dr Guy Marshall and Dr Anna Maclean of CCR Private Medical Practice

providing its workforce with flu vaccinations to ensure that the health of its employees is catered for, ensuring absenteeism is minimised.

Europe's leading manufacturer of roller shutter doors for commercial vehicles, JR Industries, has also benefited from working with the GP-led CCR corporate health services team, with the company providing monitoring and testing of employees who use isocyanate paints in the company workshops. The support provides employees and the company with the knowledge that the appropriate health and safety precautions are being undertaken, as well as monitoring the health of employees working in this environment.

Dr Guy Marshall, one of the five GPs working

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in CCR Private Medical Practice, explains the benefits that companies can achieve by taking a proactive approach to workplace health: "In addition to creating a healthier workplace and a healthy workforce, a proactive approach to these issues enhances the employer's reputation and image as a good employer."



Private Medical Practice

Employee Health Matters

- take the time to look after your business.

Estimates put the annual cost to the UK in lost hours and productivity due to sickness at over £12bn, with an average cost of £495 per employee.

The CCR Private Medical Practice provides a wide range of Corporate Health Services to help you manage the health and well being of your employees.

This includes:

- Flu vaccinations
- Sickness absence
- Stress Management
- Medical Assessment
- Travel vaccinations and advice
- Pre employment screening
- Health screening
- Health surveillance

We also offer private medical consultation and prescription to individuals on a one-off appointment or full registration basis.



Contact us today and let us take care of your business and personal health requirements.

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For more information visit our website at

www.privategpcardiff.co.uk

